

TUTTI FRUTTI: 90 fruity recipes Barbara Gateau

Cook with fruit every day? And why not?

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Éditions de l'Homme

Grilled, poached, pan-fried, candied, baked in pastry or parchment—cooking releases fruit's surprisingly delicate flavours. Try serving fruits as appetizers, perk them up with delicious spices, match them with seafood and meat, and give them a starring role in your most decadent desserts! Beet soup with potato and feta cheese, chicken thighs with clementines, vanilla pomegranate salmon, saffron-infused strawberry jam, poached figs with jasmine, nectarine and matcha tea clafoutis, brownies with pears: dare to explore a rainbow of tastes and discover the best fruit can offer... in a whole new way!

A graduate in plastic arts and photography, **Barbara Gateau** is the author of the Madame Gateau cooking blog, where every day she creates and showcases recipes that are surprisingly original, yet simple. Both talented and versatile, she also develops brand name recipes, and does photography and food styling for magazine articles.

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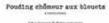
Chapter 3: Main dishes Vegetarian dishes Poultry Meat

Fish and seafood
Chapter 4: Desserts
Fruit pastries
Roasted and pan-fried fruit
Custards and "petits pots"
Poached and candied fruit
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Strong points

- Wonderful photos
- Roughly a hundred recipes that are both highly original and very easy to make
- An array of recipes that encourage you to discover unusual flavour combinations





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